

I want to get into Club Level Motorsport.....

What do I need?



To start to enjoy some time on the track you will need the following Basic items:

- Firstly you need to be a member of a CAMS affiliated Club
- Either a CAMS or AASA Basic Licence
- Helmet (meeting AS1698 Standards)
- Secondary Bonnet Restraints
- Fire extinguisher (with metal Brackets)

OK, I have got the basics now what do I need to do?

Once you have the basics you are now able to enter competitions. You will need to fill out the Entry Form and submit it to the Secretary of the Meeting including your payment.

In order to prepare your car for the day you will need to:

- Check all of your fluid levels
- Check your brakes (pads and discs) to make sure that you have enough 'meat' on them
- Fit the extinguisher to your car – preferably on the passenger side front seat mount – it has to be within easy reach just in case it is required



Left: Example of fitment to an AU series

Below: Example of a bracket for fitment to EF or EL Series



Note: It is a good idea not to mount it to the driver's seat just in case it comes loose and interferes with the pedals – that is the last thing that you want on the track

- Fit the secondary bonnet restraints – using existing guard bolts (most popular method)



- An easy way of making these is to buy two 50mm brackets from Bunnings and bend one side to suit the profile of the guard and fit between the bonnet when closed
- Then two pieces of metal with rubber backing to act as top plates when the bonnet is closed
- Finally two split pins or similar to be placed through the brackets to hold the top plates in place. This should now stop any occurrence of the bonnet flying up at 150kph if your normal catch fails



The above pictures shown are on an AU series vehicle:

1. The bolt (10mm) that is circled in red is to be removed and the bracket applied
2. Bracket is mounted in place using original bolt and hole. *Note the shape of the bracket to fit between the guard and the bolt – there was also no need to drill any holes in the bracket for either the bolt hole (just needed to be drilled bigger) or the hole for the split pin.*
3. Bracket protrudes enough to apply the top plate and split pin when the bonnet is closed.
4. Top Plate and Split Pin in place ready to go with no modifications to the vehicle.

All loose items must be removed from the glove box, centre console, boot and inside the car. It is also a good idea to take the mats out of the car especially the driver's side one. Don't forget to pack your helmet, licence and Club membership card.

Now that I've done a couple of events what else can I do to improve my times?

There may be an endless list of what you can do to improve your times but the main ones that you might want to look at may include any combination of the following (in no particular order):

- Do some advance driving courses for track purposes that include instructors
- Upgrade your Brakes to include slotted rotors, softer pads or braided brake lines
- Buy an extra set of rims and fit a set of R-spec tyres to use them specifically for these types of days
- Upgrading your suspension

Ask advice from some of your fellow club members who may be a bit more experienced than what you are. This may save you both time and money as they may have already tried what your are thinking of doing to improve your time/vehicle.

Should you need any further information of upcoming events please do not hesitate to contact the Motorsport Secretary of FPV & XR Owners Club of Victoria.

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